

# **FOOTBALL SKILLS CAMP**

## **NOW AT REGIONAL SPORTS CENTER IN CRYSTAL LAKE!!!**

***\*LEARN FROM PROFESSIONAL FOOTBALL PLAYERS AND TAKE YOUR FOOTBALL SKILLS TO THE NEXT LEVEL WITH OFF-SEASON TRAINING AT THE NEW, FOOTBALL SKILLS CAMP, AT REGIONAL SPORTS CENTER!!***

***REGIONAL'S FOOTBALL CAMP IS RUN BY JOHN FERLITO AND RICK GOFFRON, CURRENT PROFESSIONAL ARENA FOOTBALL PLAYERS. OUR CAMP IS DESIGNED TO GIVE EACH STUDENT ATHLETE AN OPPORTUNITY TO RECEIVE CONCENTRATED WORK IN SPECIALIZED AREA.***



### **WE OFFER CAMP CLINICS FOR ALL POSITIONS!!!**

#### **CAMP IS DESIGNED TO:**

- TEACH PLAYERS FUNDAMENTALS OF POSITIONS
- TEACH AND IMPROVE PROPER SKILLS, AND FOOTWORK FOR POSITIONS
- TEACH INDIVIDUAL AND TEAM TECHNIQUES ON BOTH OFFENSE AND DEFENSE
  - INCLUDE 7 ON 7 TO SIMULATE GAME SITUATIONS
  - PREPARE PLAYERS FOR UPCOMING SEASON

***\* 25 PLAYER MAX PER CLINIC\****

#### **COST**

***\*INDIVIDUAL RATE PER CLINIC: \$25\****

***\*SKILL POSITION CLASS CLINICS WILL BE ON FRIDAYS STARTING JUNE 13<sup>TH</sup>\****

***\*THERE WILL ONLY BE LINEMEN SKILLS CLINICS ON JUNE 27<sup>TH</sup> AND JULY 18<sup>TH</sup>\****

***SKILL POSITIONS CLINICS(QB/WR/RB/TE/LB/DB)  
THERE WILL BE NO SKILL POSITIONS CLINICS ON JUNE 27<sup>TH</sup>, JULY 4<sup>TH</sup>, JULY 18<sup>TH</sup>, OR  
JULY 25<sup>TH</sup>.***

***HIGH SCHOOL LEVEL: 3:30-5:00PM***

***YOUTH(9-14YRS): 5:15-6:30PM***

